

# Bachman's™

Growing Since 1885



## Bleeding Heart White Dicentra

*Dicentra spectabilis 'Alba'*

Plant Height: 24 inches

Flower Height: 32 inches

Spread: 18 inches

Spacing: 30 inches

Sunlight: ● ●

Hardiness Zone: 1

### Ornamental Features

Bleeding Heart White Dicentra features delicate nodding white heart-shaped flowers dangling from the stems from late spring to early summer. Its ferny compound leaves remain light green in color throughout the season.

### Landscape Attributes

Bleeding Heart White Dicentra is an herbaceous perennial with a mounded form. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

Bleeding Heart White Dicentra is recommended for the following landscape applications;

- Mass Planting
- General Garden Use



*Bleeding Heart White Dicentra  
flowers*

*Photo courtesy of NetPS Plant Finder*



*Bleeding Heart White Dicentra flowers*

*Photo courtesy of NetPS Plant Finder*

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## Planting & Growing

Bleeding Heart White Dicentra will grow to be about 24 inches tall at maturity extending to 32 inches tall with the flowers, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 30 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 15 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen! As this plant tends to go dormant in summer, it is best interplanted with late-season bloomers to hide the dying foliage.

This plant does best in partial shade to shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.



*Bleeding Heart White Dicentra in bloom  
Photo courtesy of NetPS Plant Finder*