

# SHELME RDINE

## SECOND NATURE



### Garnet Red Mustard

*Brassica juncea 'Garnet Red'*

Height: 16 inches

Spread: 8 inches

Spacing: 10 inches

Sunlight:

Hardiness Zone: (annual)

#### Description:

Fast and easy to grow, this cool weather performer is eye catching in patio containers and gardens; deep red leaves with a delicious flavor can be harvested at any stage, from micro and baby to full maturity; great addition to salads, soups and stews

#### Edible Qualities

Garnet Red Mustard is an annual vegetable plant that is typically grown for its edible qualities. The lobed green leaves with showy burgundy variegation are usually harvested from late spring to mid fall. The leaves have a pleasant taste.

The leaves are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking
- Baking
- Pickling

#### Planting & Growing

Garnet Red Mustard will grow to be about 16 inches tall at maturity, with a spread of 8 inches. When planted in rows, individual plants should be spaced approximately 10 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop. Because of its relatively short time to maturity, it lends itself to a series of successive plantings each staggered by a week or two; this will prolong the effective harvest period.



*Garnet Red Mustard in bloom  
Photo courtesy of NetPS Plant Finder*

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This plant is typically grown in a designated vegetable garden. It does best in full sun to partial shade. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America.

Garnet Red Mustard is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing the canvas against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.